

pregilates mumilates



	mon	tues	wed	thurs	fri	sat
11.00am		reformer mums (ali)	mumilates (pim)		mumilates (ali)	
12.00pm	pregilates (pim)		pregilates (pim)			
5:30pm	pregilates (ali)					
6:30pm			pregi reformer (ali)			

a minimum of 12 hours notice is required if unable to attend your session

or a cancellation fee of \$15 will be charged

bookings essential

*timetable effective October 2018, classes subject to change without notice